

# Autumn Produce Guide

September

October

November

apples  
grapes  
melons  
nectarines  
peaches  
pears  
plums  
raspberries

apples  
cranberries  
grapes  
melons  
pears

cranberries  
pears

beets  
broccoli  
Brussels sprouts  
cabbage  
carrots  
cauliflower  
cucumbers  
eggplant  
garlic  
kale  
mushrooms  
onions  
peppers  
potatoes  
pumpkins  
squash  
turnips  
zucchini

beets  
broccoli  
Brussels sprouts  
cabbage  
cauliflower  
cucumbers  
eggplant  
garlic  
kale  
leeks  
mushrooms  
onions  
peppers  
potatoes  
pumpkins  
squash  
turnips

beets  
broccoli  
Brussels sprouts  
cauliflower  
kale  
leeks  
parsnips  
potatoes  
pumpkins  
rutabagas  
squash  
turnips

Fruits

Vegetables

Region:

Northeast

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