

# Autumn Produce Guide

*September*

apples  
cantaloupe  
grapes  
pears  
raspberries  
watermelon

*October*

apples  
grapes  
pears  
raspberries

*November*

apples

beets  
broccoli  
Brussels sprouts  
cabbage  
carrots  
cucumbers  
eggplant  
greens  
kale  
okra  
onions  
peppers  
potatoes  
pumpkins  
beans  
squash  
corn  
tomatoes

beets  
broccoli  
cucumbers  
eggplant  
kale  
onions  
peppers  
potatoes  
pumpkins  
beans  
squash  
corn

onions  
potatoes

Fruits

Vegetables

Region:  
**West**

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